

First Trimester Lunch Menu – 2013

(Each lunch comes with milk, fruit and dessert. Fruit and dessert may vary on occasion.)

- 9/3 – Pizza, Caesar Salad, melon slices, brownie
- 9/4 – Spanish rice, refried beans, tortilla chips, Mexican salad, orange slices, molasses cookie
- 9/5 – Mac-n-cheese, BBQ dogs, zucchini crisp, applesauce, oatmeal raisin cookie
- 9/6 – Make Your Own Sack Lunch-choice of sandwich, chips/pretzels, pineapple, veggies & dip, chocolate pudding

- 9/10 – Swedish meatballs, mixed greens, watermelon, chocolate chip cookie
- 9/11 – Bean soup, smoked sausage, broccoli salad, apple crisp
- 9/12 – Pork fried rice, oriental salad w/ mandarin oranges & sliced almonds, roll, whole wheat sugar cookie
- 9/13 – Rotini pasta with marinara sauce, Caesar salad, garlic bread, pineapple upside down cake

- 9/17 – Taco salad bar, tomato/corn/black bean salad, fruit & yogurt with granola, chocolate cake
- 9/18 – Arroz con Pollo (Chicken with Rice), green beans, roll, applesauce, brownie
- 9/19 – Herbed fettuccine, chicken, Caesar salad, garlic bread, orange slices, oatmeal chocolate chip cookie
- 9/20 – Loaded potatoes, lemon parmesan broccoli, melon slices, French bread, Rice Krispie treat

- 9/24 – Noodles Romanoff, Caesar salad, garlic bread, watermelon, oatmeal raisin cookie
- 9/25 – Breakfast for Lunch – biscuit & gravy, sausage links, scrambled eggs, jam, oranges, cinnamon crumb cake
- 9/26 – Rigatoni with marinara or meat sauce, Caesar salad, garlic bread, peach cobbler
- 9/27 – Sloppy Joes, coleslaw, chips, apple slices, brownie

- 10/1 – Baked ziti, Caesar salad, garlic bread, pineapple upside down cake
- 10/2 – Meatloaf, mashed potatoes, glazed carrots, apple slices, roll, chocolate cake
- 10/3 – Rice & red beans, mixed greens, cornbread, banana pudding
- 10/4 – Pulled pork sandwich, green beans, chips, slaw, fresh pineapple, molasses cookie

- 10/8 – Spaghetti & meatballs, Caesar salad, garlic bread, applesauce, whole wheat sugar cookie
- 10/9 – Beefaroni, broccoli salad, roll, orange slices, brownie
- 10/10 – Chicken noodle soup, mixed greens, roll, melon slices, pumpkin cookie
- 10/11 – BBQ chicken sandwich, green beans, chips, applesauce cake

- 10/15 – Swedish meatballs, mixed greens, watermelon, oatmeal chocolate chip cookie
- 10/16 – Bean soup, smoked sausage, broccoli salad, apple crisp
- 10/17 – Pork fried rice, oriental salad w/ mandarin oranges & sliced almonds, roll, whole wheat sugar cookie
- 10/18 – Rotini pasta with marinara or chicken cream sauce, Caesar salad, garlic bread, pineapple upside down cake

- 10/22 – Taco salad bar, tomato/corn/black bean salad, fruit & yogurt with granola, chocolate cake
- 10/23 – Arroz con Pollo (Chicken with Rice), green beans, roll, applesauce, brownie
- 10/24 – Herbed fettuccine, chicken, Caesar salad, garlic bread, orange slices, oatmeal raisin cookie
- 10/25 – Loaded potatoes, lemon parmesan broccoli, melon slices, French bread, Rice Krispie treat

- 10/29 – Noodles Romanoff, Caesar salad, garlic bread, watermelon, lemon crinkle cookie
- 10/30 – Spanish rice, refried beans, tortilla chips, Mexican salad, orange slices, molasses cookie
- 10/31 – Harvest Lunch – Red Chili, cornbread, apple slices, special dessert
- 11/1 – Mac-n-cheese, BBQ dogs, mixed greens, applesauce, oatmeal raisin cookie

- 11/5 – Make Your Own Sack Lunch-choice of sandwich, chips/pretzels, fresh fruit, veggies & dip, vanilla pudding
- 11/6 – Beefaroni, broccoli salad, roll, orange slices, brownie
- 11/7 – Breakfast for Lunch – biscuit & gravy, sausage links, scrambled eggs, jam, oranges, cinnamon crumb cake
- 11/8 – Sloppy Joes, coleslaw, chips, apple slices, chocolate chip cookie

11/12 - Baked ziti, Caesar salad, garlic bread, orange slices, sugar cookie with icing
11/13 - Meatloaf, mashed potatoes, steamed cabbage, applesauce, roll, chocolate cake
11/14 - Chicken noodle soup, mixed greens, roll, melon slices, lemon bar
11/15 - Pulled pork sandwich, green beans, chips, carrot raisin salad, fresh pineapple, chocolate chip cookie

11/19 - Spaghetti & meatballs, Caesar salad, garlic bread, applesauce, whole wheat sugar cookie
11/20 - Pizza, Caesar Salad, melon slices, brownie
11/21 - Thanksgiving Feast-Turkey, dressing, green beans, mashed potatoes, roll, apple slices, pumpkin cookie
11/22 - Grilled cheese, chips, cucumber/tomato salad, watermelon, vanilla pudding