

This form should be completed AFTER reading the Athletics Handbook

STATEMENT OF COMMITMENT

I, _____, as a member of an HLS athletic team, do agree to abide by the following rules and standards of conduct. I realize that athletic involvement is a privilege, and not a right, and carries with it responsibilities. I further acknowledge that there will be consequences for misconduct or not fulfilling my commitment.

A. I agree to attend and be on time for all practices, meetings, and games. This includes Awards Banquets, team parties, team pictures and all other team functions. Though I may have outside activities, I will not allow them to interfere with my HLS commitment unless I have personally worked out the details and received approval with my coach and Athletic Director.

B. I agree to personally inform my coach **PRIOR** to any extenuating circumstances that arise where I must be late or miss a team function (i.e. – academic help, family emergency, house meeting etc.)

C. I agree to give 100% effort during practices and in games.

D. I agree to inform my coach of an illness or injury that I feel may affect my playing ability. I recognize that lack of practice due to an injury may limit my playing time and that I am still responsible to attend practices and games when injured unless excused by my coach.

E. I agree to inform my coach of transportation problems as soon as they arise.

F. I agree to keep an attitude of encouragement towards my teammates in every situation.

G. I agree to honor HLS coaches and to receive their instruction. I will place my personal goals behind the goals of the team.

H. I agree to maintain my academic eligibility. As a student/athlete I acknowledge that I will have to plan ahead with my studies (papers, test prep, etc) in order to fully participate in HLS athletics. I understand that my homework load may be greater than non-student athletes if I do not plan ahead accordingly.

I. I agree to take care of any uniforms or equipment that may be issued to me and will return it promptly. If any damage occurs during my possession beyond normal wear and tear, I agree to pay for repair or replacement costs. I agree to not use any school issued equipment for any outside activities unless approved by my head coach and/or the Athletic Director.

J. I understand if I am absent from school I will not be allowed to participate in practice or games, unless prior arrangements have been made.

K. I agree that joining an HLS athletic team is a commitment to my teammates, coaches, and school. I understand that quitting a team may jeopardize future placement on competitive teams. .

By signing below, I, the student-athlete, and we, the parents/ guardians, agree to the above stated responsibilities.

Student-Athlete Signature Date _____

Parent/ Guardian Signature Date _____