

First Trimester Lunch Menu - 2013

(Each lunch comes with milk, fruit and dessert. Fruit and dessert may vary on occasion.)

9/3 - Pizza, Caesar Salad, melon slices, brownie

9/4 - Spanish rice, refried beans, tortilla chips, Mexican salad, orange slices, molasses cookie

9/5 - Mac-n-cheese, BBQ dogs, zucchini crisp, applesauce, oatmeal raisin cookie

9/6 - Make Your Own Sack Lunch-choice of sandwich, chips/pretzels, pineapple, veggies & dip, chocolate pudding

9/10 - Swedish meatballs, mixed greens, watermelon, chocolate chip cookie

9/11 - Bean soup, smoked sausage, broccoli salad, apple crisp

9/12 - Pork fried rice, oriental salad w/ mandarin oranges & sliced almonds, roll, whole wheat sugar cookie

9/13 - Rotini pasta with marinara sauce, Caesar salad, garlic bread, pineapple upside down cake

9/17 - Taco salad bar, tomato/corn/black bean salad, fruit & yogurt with granola, chocolate cake

9/18 - Arroz con Pollo (Chicken with Rice), green beans, roll, applesauce, brownie

9/19 - Herbed fettuccine, chicken, Caesar salad, garlic bread, orange slices, oatmeal chocolate chip cookie

9/20 - Loaded potatoes, lemon parmesan broccoli, melon slices, French bread, Rice Krispie treat

9/24 - Noodles Romanoff, Caesar salad, garlic bread, watermelon, oatmeal raisin cookie

9/25 - Breakfast for Lunch - biscuit & gravy, sausage links, scrambled eggs, jam, oranges, cinnamon crumb cake

9/26 - Rigatoni with marinara or meat sauce, Caesar salad, garlic bread, peach cobbler

9/27 - Sloppy Joes, coleslaw, chips, apple slices, brownie

10/1 - Baked ziti, Caesar salad, garlic bread, pineapple upside down cake

10/2 - Meatloaf, mashed potatoes, glazed carrots, apple slices, roll, chocolate cake

10/3 - Rice & red beans, mixed greens, cornbread, banana pudding

10/4 - Pulled pork sandwich, green beans, chips, slaw, fresh pineapple, molasses cookie

10/8 - Spaghetti & meatballs, Caesar salad, garlic bread, applesauce, whole wheat sugar cookie

10/9 - Beefaroni, broccoli salad, roll, orange slices, brownie

10/10 - Chicken noodle soup, mixed greens, roll, melon slices, pumpkin cookie

10/11 - BBQ chicken sandwich, green beans, chips, applesauce cake

10/15 - Swedish meatballs, mixed greens, watermelon, oatmeal chocolate chip cookie

10/16 - Bean soup, smoked sausage, broccoli salad, apple crisp

10/17 - Pork fried rice, oriental salad w/ mandarin oranges & sliced almonds, roll, whole wheat sugar cookie

10/18 - Rotini pasta with marinara or chicken cream sauce, Caesar salad, garlic bread, pineapple upside down cake

10/22 - Taco salad bar, tomato/corn/black bean salad, fruit & yogurt with granola, chocolate cake

10/23 - Arroz con Pollo (Chicken with Rice), green beans, roll, applesauce, brownie

10/24 - Herbed fettuccine, chicken, Caesar salad, garlic bread, orange slices, oatmeal raisin cookie

10/25 - Loaded potatoes, lemon parmesan broccoli, melon slices, French bread, Rice Krispie treat

10/29 - Noodles Romanoff, Caesar salad, garlic bread, watermelon, lemon crinkle cookie

10/30 - Spanish rice, refried beans, tortilla chips, Mexican salad, orange slices, molasses cookie

10/31 - Harvest Lunch - Red Chili, cornbread, apple slices, special dessert

11/1 - Mac-n-cheese, BBQ dogs, mixed greens, applesauce, oatmeal raisin cookie

11/5 - Make Your Own Sack Lunch-choice of sandwich, chips/pretzels, fresh fruit, veggies & dip, vanilla pudding

11/6 - Beefaroni, broccoli salad, roll, orange slices, brownie

11/7 - Breakfast for Lunch - biscuit & gravy, sausage links, scrambled eggs, jam, oranges, cinnamon crumb cake

11/8 - Sloppy Joes, coleslaw, chips, apple slices, chocolate chip cookie

11/12 - Baked ziti, Caesar salad, garlic bread, orange slices, sugar cookie with icing
11/13 - Meatloaf, mashed potatoes, steamed cabbage, applesauce, roll, chocolate cake
11/14 - Chicken noodle soup, mixed greens, roll, melon slices, lemon bar
11/15 - Pulled pork sandwich, green beans, chips, carrot raisin salad, fresh pineapple, chocolate chip cookie

11/19 - Spaghetti & meatballs, Caesar salad, garlic bread, applesauce, whole wheat sugar cookie
11/20 - Pizza, Caesar Salad, melon slices, brownie
11/21 - Thanksgiving Feast-Turkey, dressing, green beans, mashed potatoes, roll, apple slices, pumpkin cookie
11/22 - Grilled cheese, chips, cucumber/tomato salad, watermelon, vanilla pudding