

# HLS BASIC SKILLS FIELD HOCKEY CLINIC

The HLS Field Hockey Team would like to invite all 2-5th grade girls to participate in a basic skills clinic. This clinic is designed for all skill levels and will emphasize all the basic skills including dribbling, passing, dodging, shooting, positions and other fundamentals. It will be held at Seneca park on Monday mornings from 10:30-12:00 from April 7-May 12. Instruction will be provided by HLS coaches Hilary Noltemeyer, Kristin Mast and Ceci Hume as well as some of HLS 7th grade players. The fee of \$50 will include a clinic t-shirt and proceeds will benefit the HLS Field Hockey Team.

Please email [hilarynoltemeyer@gmail.com](mailto:hilarynoltemeyer@gmail.com) with any questions. Please print and return completed form and check by **MARCH 31**.

Name: \_\_\_\_\_

Current Grade and campus: \_\_\_\_\_

Parents Names: \_\_\_\_\_

Parents Cell Numbers: \_\_\_\_\_

Playing Experience: \_\_\_\_\_

T-shirt size: \_\_\_\_\_

Please make checks payable to HLS and then mail the printed waiver and registration form by March 31 to:

Hilary Noltemeyer  
1114 Rostrevor Circle  
Louisville, KY 40205

**\*\*\*\*\*Please bring a stick, eyewear, mouthguard, shin guards and a water bottle. Cleats are optional.**